NOTICE
(for 2020 (62nd) Batch)

With reference to the letter no. P.33(2) Home-9/2019 dated 06.01.2021 from Home Department and Directorate of Medical Education, Jaipur, letter No. F.7(217)/DME/Acad/2020/128 dated 07.01.2021 1st year MBBS Admission Year 2020-21 Classes will start from 01.02.2021.

The Guidelines of DME for Prevention and Control of spread Covid-19 to be followed are enclosed here with as Annexure-A.

It is mandatory for all the student to get themselves tested for Covid-19 within last 72 hours and bring RTPCR Negative Report with them before joining.

Principal,
S.P. Medical College,
Bikaner

Date: 14.01.2021

No. F.3/Acad/SPMC/2021/118
Copy to following for information and necessary action:

1. HOD, Anatomy to please arrange to collect the RT-PCR negative report from all the students MBBS 2020 Batch.
2. HOD, Phyio./Bio./PSM.
3. Warden Boys and Girls Hostel to please arrange to collect the RT-PCR negative report from all the students MBBS 2020. (with one spare copy for Notice Board).
4. Dr. R.V. Barar, Nodal officer & SD, PSM to please arrange to displayed on college website the RT-PCR negative report from all the students MBBS 2020.
5. Notice Board of College.

Principal
GOVERNMENT OF RAJASTHAN
DEPARTMENT OF MEDICAL EDUCATION

GUIDELINES FOR OPENING OF MEDICAL COLLEGES

Generic Preventive Measures/COVID-19 Appropriate Behaviour

The following public health measures are to be followed to reduce the risk of COVID-19 by all (faculty members, employees, students and visitors) in these places at all times:

i. Physical distancing of at least 6 feet to be followed as far as feasible.

ii. Use of face covers/masks to be made mandatory.

iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.

iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one’s mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.

v. Self-monitoring of health by all and reporting any illness at the earliest.

vi. Spitting shall be strictly prohibited.

vii. Installation & use of Aarogya Setu App shall be advised wherever feasible.
Measures

Medical colleges shall resume the classes and Clinical Activities for the students of third and final year MBBS from 1st December 2020, adhering to social distancing norms, use of face masks and other protective measures. This may include administrative offices, research laboratories and libraries etc.

However, it should be ensured that not more than 50% of the total students should be present at any point of time and necessary guidelines/protocols to prevent the spread of COVID-19 are observed. In practical classes may be less than 30% students of the entire batch strength.

i. Older students may study online while staying at home. Institutions may provide online study material and access to e-resources to such students for teaching-learning.

ii. For the programmes, online/distance learning may be continued as the preferred mode of teaching and shall be encouraged.

iii. However, if required, students may visit their respective departments in a small number for consultation with the faculty members, after seeking prior appointments to avoid crowding, while maintaining physical distancing norms and other safety protocols.

iv. Principal will be solely responsible for functioning of the college and for following the latest COVID guidelines.

v. Every Institute will constitute a committee (Squad) to implement all the norms to be followed for effective COVID-19 protocols.

vi. All the students shall undergo a COVID-19 test before being allowed to stay in campus. 1st day on arrival RTPCR test then repeat RTPCR test on 5th day. When Two RTPCR test are negative then they will be allowed to attend classes. If anyone is found positive he/she shall be isolated & treated accordingly.

Safety concerns

i. The institutions should train their staff and students to assist and undertake the work related to safety and health to prevent an outbreak of the pandemic in their campuses. Non-resident students should be allowed in campuses only after thermal scanning, sanitization of their hands and wearing of face masks. Symptomatic persons should not be permitted to enter the campus and should be advised to contact the nearest hospital for clinical assessment.

ii. Adequate arrangements for safe drinking water should be made on the campus.

iii. Hand washing stations with facilities of liquid soap should be created so that every student can wash her/his hands frequently.

iv. Regular and sufficient supply of face covers/masks, heavy duty gloves, disinfecting material, sanitizer, soaps etc. to sanitation workers should be ensured.

v. Wearing of face cover/mask by all students and staff should be ensured.

vi. Proper cleanliness should be maintained inside the entire campus.

vii. Adequate arrangements should be made for sanitizing the entire campus, including administrative and academic buildings, classrooms, laboratories, libraries, common rooms, toilets, water stations, furniture, learning material, teaching aids, sports equipment, computers etc.

viii. Physical distancing should be maintained at all places and crowding must not be allowed at any place under any circumstances.

ix. An adequate supply of water in toilets and for hand-washing should be ensured.

x. Proper sanitization of buses, other transport and official vehicles of the institution
should be done.

xii. Dustbins must be cleaned and covered properly.

xiii. Dustbin for collection of used face masks, personal protective equipment, hand gloves and their disposals should be ensured as per safety norms. Provision for proper disposal of used personal protection items and general waste should be followed in accordance with existing guidelines.

xiv. For air-conditioning/ventilation, the guidelines of RPWD shall be followed which emphasizes that the temperature setting of all air-conditioning devices should be in the range of 24-30°C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be there.

Swimming Pool shall remain closed.

Measures for Containment

1. As soon as a student, faculty or staff is detected COVID-19 positive, such person should be immediately isolated as per the directive/advisory of the Government. Room-mates and close contacts should be quarantined and symptomatic ones to be immediately tested.

2. Medical colleges should have a ready plan to provide healthcare & other support to those resident students and staff who test positive and are isolated.

3. The guidelines restricting social and physical contacts and mobility in such parts of residential places in the campus, where positive cases have been found, should be strictly enforced. Measures like holding no class, not leaving the rooms for hostellers, if applicable; may be enforced, depending upon the severity of the situation.

Sensitization of Students, Teachers and Staff

1. Awareness programmes regarding COVID-19 as to how the infection spreads, common symptoms, and precautions and measures required to contain its spread may be launched.

2. Maintaining hygiene, e.g., how to wash hands, how to cough or sneeze into a tissue or elbow, avoid touching of face, eyes, mouth and nose should be regularly told to the students and the staff.

3. The necessity of physical distancing, wearing face covers/ masks, hygiene etc. should be brought home to all. The policy of “No Mask No Entry” should be followed strictly in Medical Colleges campus.

4. Activities to stay fit, physically and mentally, should be encouraged like doing exercises, yoga, breathing exercises, meditation, etc.

5. To improve resilience and mental health, students should be encouraged to share their feelings with friends, teachers and parents; remain positive, grateful, helpful, have focused approach, take a break from work, eat healthy and sleep timely etc.

6. Eating healthy food and fruits, avoiding junk food, frequently drinking warm
water, adopting ways to increase immunity etc. should be encouraged.

vii. Students should be told to regularly sanitize their laptops, audio, video and other media accessories.

viii. Factual information regarding COVID-19 and consequences of infection, without making them stressed or fearful, should be disseminated.

ix. Posters and stickers should be pasted at appropriate places in the campus to create awareness about the risk of infection from Coronavirus.

x. All support and facilities should be provided to persons with disabilities (Braille/pagoda).

xi. No discrimination based on caste, creed or gender should be allowed to take place.

xii. Sharing of books, other learning material and-establish-ate discouraged.

Role of Head of the Institution

i. Principals may get Standard Operating Procedures(SOPs) worked out in view of COVID-19 outbreak, in accordance with the Government orders and guidelines.

ii. A detailed institutional plan, which may, inter alia, include sanitization, safety and health measures should be prepared and kept ready, before reopening of campus. Proper implementation of the institutional plan should be ensured and regular monitoring should be done with the help of faculty and the staff.

iii. Tie-ups may be established with nearby hospitals, health centers, NGOs, health experts for help and support in fighting COVID-19.

iv. A plan for all academic activities, i.e., the academic calendar, teaching-learning modes, examinations, evaluation etc. should be kept ready well in advance.

v. A Task Group should be created to handle varied situations and issues related to the COVID-19 pandemic. Such Task Group may consist of senior persons from faculty and staff, students, volunteers from communities, NGOs, health organisations and Government officials etc. as the case may be.

vi. Teachers, students and staff should be made aware of all relevant plans and activities on the campus.

Hostels

i. Hostels may be opened while strictly observing the safety and preventive measures. Symptomatic students shall not be permitted to stay in the hostels under any circumstances.

ii. There should be no crowding in hostels where students live in close proximity and share common facilities and utilities. Hence, their numbers need to be limited appropriately to avoid crowding. Also, hostel students should be called in phases.
iii. Thermal Screening of all resident students should be ensured.
iv. They will be referred to the nearest COVID treatment facility for clinical assessment and treatment.
v. Density in dining halls, common rooms, playing areas should be limited, keeping in view the requirement of physical distancing.
vi. Hygiene conditions should be regularly monitored in kitchens, dining halls, bathrooms and toilets etc.

vii. Cleanliness is to be maintained in dining areas. Meals should be served in small batches, avoiding overcrowding. Take away options should be available for students and staff.
viii. Utensils should be properly cleaned.
ix. Wearing of face covers/ masks and proper sanitization of hands of the staff engaged for the preparation and distribution of meals should be ensured.
x. Resident students and staff should avoid or limit visiting the markets. As far as possible, essential items may be made available within the campus.

xi. Hostels may define the number of students in dining halls at any point in time. Meal timings may be increased to avoid overcrowding.

Teachers / Faculty
i. Teachers should make themselves fully aware of institutional plans and Standard Operating Procedures.
ii. Every teacher should prepare a detailed teaching plan for the subjects taught by him/her, including time table, class size, modes of delivery, assignments, theory, practical, continuous evaluation, end-semester evaluation etc.
iii. Teachers should keep themselves updated with the latest teaching- learning methods and availability of e-resources.

iv. Teachers should make the students aware of the COVID-19 related situation, precautions and steps to be taken to stay safe and healthy.
v. Teachers should monitor and keep track of the physical and mental health of their students.

Parents
i. The parents should ensure that their children observe safety norms at home, Medical College and while in Hostels.
ii. Parents may be advised that the 'Aarogya Setu App' has been downloaded by their children.
iii. Parents should sensitise them of healthy food habits and measures to increase